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Dear Ayuda Family,

I am very excited to invite you to our first international clinic in too long! We will be returning to Panama in August 2024. I, like many of my classmates, mentors, and friends, became involved in dentistry to do good and help make people's lives better. I am very excited to return to these activities, and am honored to be taking the dental reigns after seven years of involvement with Ayuda.

The COVID pandemic hit hard and fast, and we have been closely following the updates and changes in protocol. We are encouraged by the progress we have been making towards more accessible and expedited dental care, not only in the states but abroad. I understand the precarious nature of these changes and advancements and recognize that the safest and most responsible approach has been to rescind COVID protocols slowly and carefully. Many of our faculty volunteers and patients are part of the at-risk population, so we must safeguard their safety first and foremost. With this in mind, I know that the community, volunteers, and students are ready to re-open a new and re-organized Ayuda program.

August 19-23, 2024, we will be operating our dental clinic in Bocas del Toro, Panama. Lodging will be available from 17-25 August, so be ready to work hard and play hard! Sign up and see details through the attached flyer. We have lots of room for professional and amateur volunteers, and there will be many opportunities for mentoring and learning. I cannot express how valuable I found clinics like these to my learning when I was a dental student, and I cannot express how rewarding returning that favor to the next generation has been to me. I am so excited to see our volunteers teach and learn from each other, all while helping those in need. We have had dentists, hygienists, dental students, medical students, Rotarians, and everything in between. We have a place for you at our clinic!

Please, forward this letter to friends, family, and other supporters. Ayuda International is, of course, a 501 C (3) Non-Profit organization as well! In addition to or instead of volunteer service, monetary donations go a long way to help us and our mission, which can be done at ayudaint.org. Thank you tremendously for your consideration and support. We could not do the good we do without your help.

Respectfully Submitted,

Capt Dryden Granger, USAF, DC

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